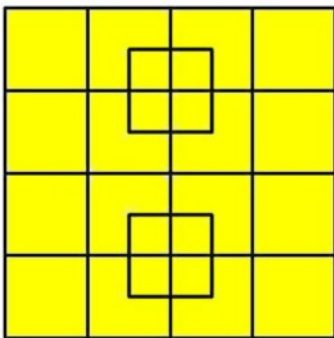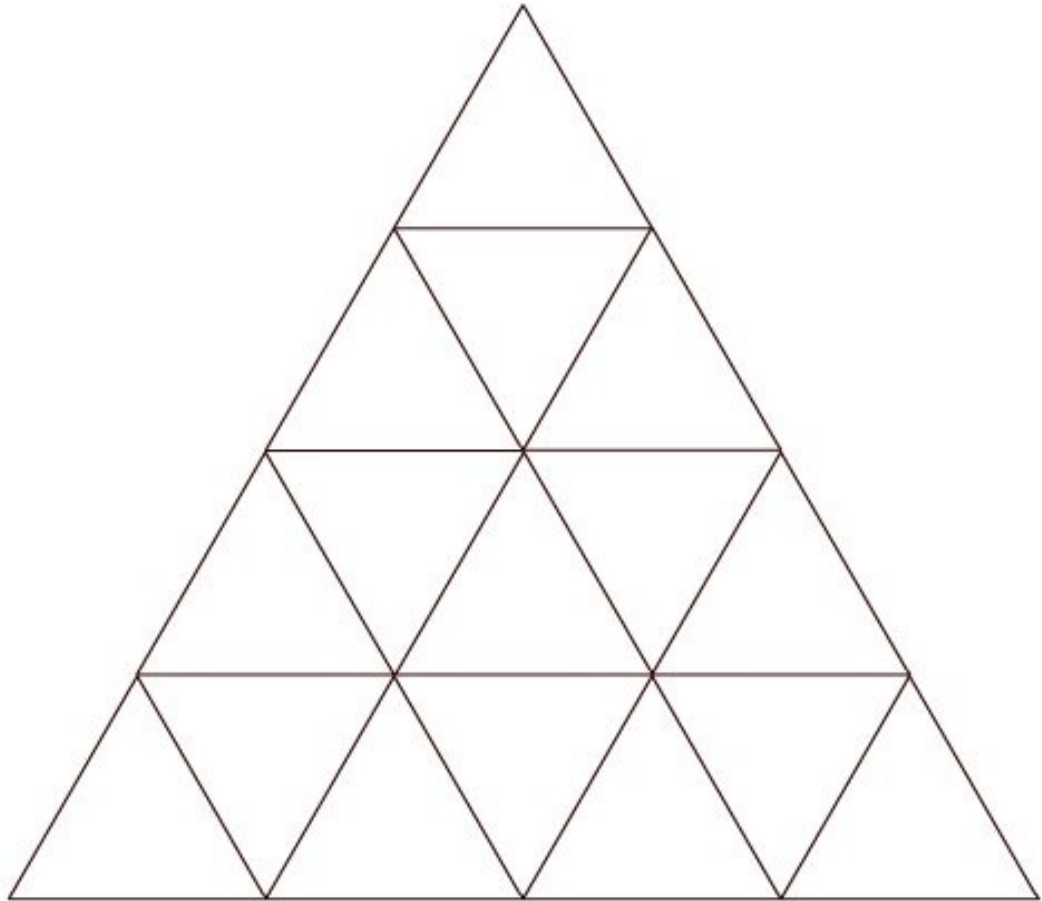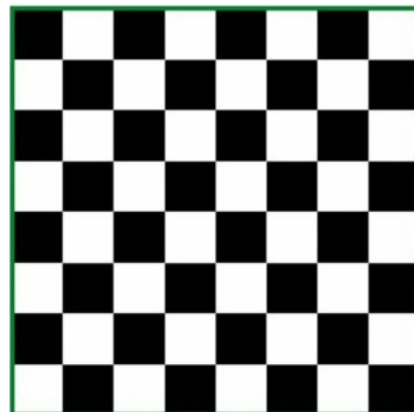The secret of success with all these puzzles is to be systematic!

How many triangles?

How many squares?

How many squares on a chess board?

If you have got them right your 3 answers should be an anagram of 7,442,200